



## **First Team Head Physiotherapist | Job Advert**

**Post:**

First Team Head Physiotherapist

**Department:**

Medical

**Season:**

2023-2024 (immediate start)

**Employment Type:**

Employed, full-time

**Salary:**

£45,000 per annum

York City Football Club are looking to recruit a full-time Head Physiotherapist to provide and coordinate medical services for all the first-team players within an interdisciplinary approach.

The Head Physiotherapist will work along with the Sports therapist and head of sports science to develop and deliver injury prevention strategies, S&C programmes and deliver rehab to injured players. To help maximise player performance, enhance recovery and reduce the likelihood of injuries within the first team.

**Key Responsibilities:**

- To provide daily assessment, treatment, and rehabilitation of first team players at York City FC.
- To provide pitch-side medical cover for first team training sessions. To assist in the provision of emergency first aid during first team fixtures as required.
- To provide injury prevention strategies for first team players, working alongside the sports therapist, Sports Science and Coaches as required.
- To plan, implement, oversee, and review regular anthropometric measurements of first team players throughout the season.
- To liaise with the Sports Therapist and First Team Sports Scientist on the design and delivery of injury prevention and conditioning programs/strategies in line with the long-term physical objectives for first team players.
- Ensure all medical emergency equipment is audited on a weekly basis and serviced in line with manufactures standards.
- To ensure medical consumables are well stocked and lead on further developing existing relationships with external suppliers.
- To collate weekly, monthly, and yearly injury audits for first team players.

**York City FC**

LNER Community Stadium | Kathryn Avenue | York | YO32 9AF

**Phone:** 01904 624447

**E-Mail:** [enquiries@yorkcityfootballclub.co.uk](mailto:enquiries@yorkcityfootballclub.co.uk)

**Website:** [www.yorkcityfootballclub.co.uk](http://www.yorkcityfootballclub.co.uk)

**Registered in England:** 04689338

**VAT Registration Number:** 809336031



- Ensure all medical records are completed and stored in line with HCPC and CSP guidelines.
- Contribute to the CPD and development programme for staff within the Sports Science and Medicine department.
- All employees may be required to undertake any other duties as may be reasonably requested.

**Key Requirements:**

- Minimum of BSc. (Hons) in Physiotherapy.
- HCPC accredited practitioner.
- Qualification in the FA Advanced Trauma Medical Management in Football (ATMMiF) or equivalent.
- Excellent communications skills, both written and verbally.
- Confident, self-motivated, and able to work independently under pressure.
- Ability to work collaboratively with players and staff.
- Sound knowledge of manual and soft tissue therapy skills, with experience of dealing with musculoskeletal injury as either a student or qualified practitioner.
- Sound knowledge of injury prevention methods and recovery strategies.
- Ability to educate, advise and motivate individuals.
- Demonstrate up to date knowledge of the current evidence-based practice in Sports Physiotherapy and implement this within practice.
- Candidates must be flexible and be willing to work hours as necessary to carry out their duties. This will include evening and weekend work as required.

**Desirable Skills and Experience:**

- 2 years' experience working in the medical department of a professional football/sports club.
- Experience working on the pitch side / matchdays at a professional football club.
- The ability to work calmly under pressure.
- The ability to work effectively and safely, whilst working both independent and as part of a team
- To always adhere to confidentiality and data protection procedures
- A full UK drivers' licence and access to your own vehicle would be advantageous.
- An understanding of using the FA Anti-doping Whereabouts system.

**Desirable Qualities:**

- A genuine team player
- Excellent levels of communication
- Takes responsibility for ensuring tasks are completed to a high standard.
- Excellent timekeeping skills
- Hardworking and enthusiastic

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**Closing date:**

Friday 8<sup>th</sup> December 2023

Please note, this advert may close before this date should a suitable candidate be found.

**Interview date:**

TBC

**How to apply:**

Please send your CV and covering letter, outlining how you meet the person specification and why you want to be part of what we do, to [generalmanager@yorkcityfootballclub.co.uk](mailto:generalmanager@yorkcityfootballclub.co.uk).

**Further discussion:**

Please contact Darren Kelly – General Manager  
[generalmanager@yorkcityfootballclub.co.uk](mailto:generalmanager@yorkcityfootballclub.co.uk)

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